

March 2020

Spreading the Good News

editor Daisy Wilson



First Presbyterian Church
Douglas, GA.



407 WEST WARD STREET E

1stpresbyteriandouglas.com/

Sunday School 10 AM Worship 11 AM

912-384-1503

Selective Forgetfulness

By Rev. Mark Knowles

Memory is a wonderful thing. Scientists say that the human mind can store as many as 600 memories per second for a lifetime of 75 years without the slightest strain. Experts advise, "Be selective about what's worth remembering!" There are some things we Christians should remember: the Lord and His blessings (Eccl. 12:1; Ps. 103:2), Christ's death on the cross for our sins (1 Cor. 11:24), and the eternal truths of God's Word (2 Peter 1:12).

Most people remember and concentrate on the wrong things. They have been immobilized by regrets and paralyzed by their past. When St. Paul says that he is "forgetting what is behind," he is saying that he will no longer be influenced by the things in the past. The ability to be selectively forgetful is very important if we are to live healthy, balanced Christian lives!

We must forget our sins – The gospel is good news! God has what we need: complete and total forgiveness. *"For I will forgive their wickedness and will remember their sins no more"* (Jer. 31:34). Can we believe and accept this good news? God has forgiven us and laid our past to rest. Shouldn't we?

We must forget ourselves – A leading psychologist states that the four enemies of healthy personality are resentment, anxiety, guilt and self-centeredness. Self-centered people are occupied with themselves and oblivious to the needs of others. Paul reminds us, *"Each of you should look not only to your own interests, but also to the interests of others"* (Phil. 2:4).

We must forget our shortcomings – Learning to handle failure is a mark of maturity. Defeat is common to all; no one bats a thousand; all of us err. Only God makes no mistakes! It is not a sin to fail, but it is to give up and grovel in self-pity. *"Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up"* (Gal. 6:9).

We must forget our sorrows – Jesus said, *"In this world you will have trouble. But take heart. I have overcome the world"* (John 16:33). Both St. James and St. Peter point out that character is developed through adversity. Most of our problems are not a matter of what life has done to us, but what we have done with life. The psychologist Adler said, "One of the wonder-filled characteristics of human beings is their power to turn a minus into a plus." We turn a minus into a plus by making it into a cross. Whenever we introduce the Lord into life's experiences, we turn problems into possibilities.

Some of life's greatest problems can be resolved as we learn to forget our sins, ourselves, our short comings, and our sorrows.

Isn't it about time you started to practice *selective forgetfulness*?



FEBRUARY
23rd 2020
A CELEBRATION
WITH THE
INSTALLATION
OF
REV MARK
KNOWLES
By Savannah
Presbytery

AND A
RECEPTION

IN THE PARLOR
PREPARED BY :
Grace and JoAnn
What a beautiful day.

Virginia Carson's
response to our
pictures....

***"The spirit of the
Lord was truly in the
sanctuary today and
will continue to guide
and support the
church."***





Our own Super Bowl
Trophies made by Lyle &
camellias furnished by Nedra.



What a wonderful way to enjoy time
together

Souper Bowl Sunday with
great food and lots of juice boxes
donated for our BACK PACK program at
Nicholls Elementary. THANKS!
THANKS!! THANKS!!!1





L. J. Chambers... March 01
Theresa Dedmond... March 03
Patrick Lenzo... March 03
Bailey Martin... March 04
Lorna Hurst... March 06
JoAnn Danna... March 10
Mary Ann Griffin... March 17
Robb Hurst... March 17
Conley McDaniel... March 18
Ed Ayers...March 21
Kelsey Voyles Guinn...March 21
Paul Lenzo...March 22
Eric Nwawel...March 22
Kimberly Adams...March 24
Olivia Lenzo...March 24
Mary Ellen Futch... March 24
Stuart Andrews... March 26
Laura Hennesy... March 30
Aaron Hurst...March 30



Congratulations to :
Diana Franco for making the
President's List at SGSC
and to Kadence Adams
for making the
Academic Honors List.

WAY TO GO GIRLS!!!





Come join our **“BRUNCH BUNCH”** for a time of fellowship and reflection.
We catch up on the news and discuss how we can be a blessing to others
within our church and community.

Next Meeting is March 11 at 10:15 at Hog-N-Bones

Have You Heard?

I heard there is a man named Jesus going about performing miracles. I heard that He calmed the wind and the waves with His voice. I heard that He took five loaves of bread and two fish and fed over five thousand people. I heard that His disciples even saw Him walk on the water!

Have you seen this **MIRACLE-WORKER**, Jesus?

Do you know Him?

I heard that there is a man named Jesus in Jerusalem. I heard that He entered the city riding a donkey. I heard that a large multitude met Him on the road, and laid clothes and branches on the road before Him. I heard that they shouted and cried out,

“Hosanna to the Son of David! Blessed is He who comes in the name of the Lord!

Hosanna in the highest!” His disciples said that He is Jesus,
the prophet from Nazareth in Galilee.

Have you seen this **PROPHET**, Jesus?

Do you know Him?