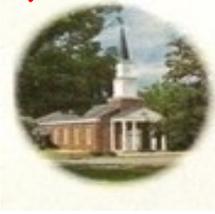


March 2021

editor Daisy Wilson

Spreading the Good News



First Presbyterian Church
Douglas, GA.



407 WEST WARD STREET P. O. Box 1210 Douglas, Ga 31534

Sunday School 10 AM Worship 11 AM

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Help Yourself

By Rev. Mark Knowles

There is no greater satisfaction in life than helping another human being. That's true.

John Hersey, in his book HIROSHIMA, describes the aftermath of the atomic bomb that exploded in that never-to-be-forgotten city. At the center of the explosion area was total incineration. On the fringes, houses collapsed. People were trapped under rafters. Unable to extricate themselves they faced the horror of spreading fires. Survivors fled in every direction. The streets were crowded with frantic people. Most of them ignored the agonized cries of imprisoned people pinned down in these collapsed houses calling out for help.

In the midst of the chaos, however, there were some fleeing refugees who would hear a cry, would drop out of the crowd, and would pick their way into a collapsed building, to give a hand to releasing a trapped person.

In many ways, you and I are in a society where folks are trapped in the rubble of life. Some of their woes are self-inflicted, to be sure. But that doesn't mean their suffering isn't just as real. Who will reach out a helping hand? Who will show real love and concern?

I have some good news for you. There is nothing you can do for yourself that will enrich your life more than demonstrating that kind of compassion.

Want proof? AMERICAN HEALTH magazine reported the findings of a study by the University of Michigan's Research Center. This study says that more than any other activity doing regular volunteer work dramatically increases life expectancy. It's more important than jogging or aerobics or even oat bran.

Help somebody else and you will live longer. You will have more vitality, more energy, more zest for life.

During the bombing of London, it was found that people suffering from nervous disorders found unexpected health by forgetting their own troubles and ministering to the terrible needs of victims of the air raids.

The reason many of us have no energy, no vitality, no joy, is that we are living only for ourselves.

There is an ancient story called "The Servant of the Kingdom." It is about a man who's a servant. One day he meets a genie. The genie gives him one wish but warns him to be careful for what he wishes. The man wishes to be waited on, for others to serve him hand and foot. Things go great for awhile. But soon the luster wears off. He tires of people catering to his every whim. He grows bored. Finally, he goes looking for the genie. He says "I can't stand it. I want to go back to serving people. I'd rather be in hell than live like this." The genie replies, "Where do you think you've been the last 90 days?"

And there is truth to that little story. We were not created to be served but to serve. Jesus says: *"For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many"* (Mark 10:45).

The happiest people in this world are people who out of their own choice serve others. It's true. When you help others, you help yourself.



From the SESSION:

March 7..... Virtual....Communion/Sermon (If you need communion elements please let us know and we will deliver them to you.)



March 14 Virtual (Daylight SavingsTime)

March 21....We are going to try to REOPEN with Sunday School

at 10:15 and the Worship Service at 11:00 A.M.

March 28....PALM SUNDAY



A time to celebrate



Kelsey & Judd with little Judson Eugene Chase...everyone is doing great!!!



First grandchild for the Voyles family.

(Already dreaming of fishing and baseball games.)

I think Kim & Ed plan to call him "Little Geno" in honor of the great grandfather (Gene Chambers) that we all loved.



WOW! **Carmon** we have had you in our prayers through all of your surgeries and rehab **AND** now **new LEGS....** It is so wonderful to see this picture of you.



Congratulations to **Kenzie Adams** who has enlisted into the U.S. Army as a 42A (Human Resource Specialist) . She is following in her father's and many of her ancestors foot-steps. She has a great future ahead of her and she is looking forward to traveling the world!

Her parents are so proud of her and we all wish her the best on her new journey. Keep in touch Kenzie... and updated with pictures from your travels.

Blessings to you.

Thanks for your generous donations of \$1,400 to our Back Pack Program for the Nicholls Elementary School. We are so blessed to have you working with us to keep this program going. Can you believe that we are completing 4 years this May???

The children (32) are so thankful for each

thing we do.

Thanks
again,
Outreach
Committee



Bags ready for delivery.



Items from a sample bag that is sent home with a child each weekend .



Our "UNIQUE"
Miss Julie Quincey
passed away the last week
of February and was laid
to rest in a private (family)
graveside service.
Each person whose life she
touched has their own
special story to tell.



Rest In Peace "Miss Julie"

Birthdays to Remember

L.J. Chambers...March 01

Theresa Dedmond...March 03

Patrick Lenzo...March 03

Bailey Martin...March 04

Lorna Hurst...March 06

JoAnn Danna...March 10

Mary Ann Griffin...March 17

Robb Hurst...March 17

Conley McDaniel...March 18

Ed Ayers...March 21

Kelsey Chase...March 21

Eric Nwawel...March 22

Paul Lenzo...March 22

Kimberly adams...March 24

Olivia Lenzo...March 24

Mary Ann futch...March 24

Stuart Andrews...March 26

Laura Hennesy...March 30

Aaron Hurst...March 30

Remember when...



HAPPY
Birthday

Hope it's all you wished it would be.

God can restore what
is broken and change
it into something amazing.
All you need is
Faith.



TIME MARCHES ON

I'm not saying that I'm old,
But my "golden years" are here.
It's amazing how fast time goes by
And it goes faster year-by-year.

When I wake up on Monday morning
My thoughts are frivolous and flighty
I think of all the things I must do
And by that afternoon, Monday seems like Friday.

I wonder if I live to be one hundred
Would January jump over into July?
Or would a year seem so short to me
That the months I could hardly identify?

So I have this one question to ask
While I go along life's fast moving treadmill
Is it better to have the years fly by,
Or just to have time stand still?



By Sue Knox Dedmond

*O Lord, we thank you that you have not left us feeling our lives
have no meaning or purpose. Our lives can reflect you and
point beyond ourselves to your gracious love and
blessings. During this pandemic help us to show your love to
others by text, phone, or letters while we have limited
face-to-face meetings. In your name we pray.*

Amen

When my arms can't
reach people who are
close to my heart...

I
always
hug them
with my
prayers.

